

Annex

a. Indications for accessible trails and infrastructure¹

The following indications are points of reference for necessary features of accessible outdoor trails. If single parameters on a trail you choose do not fulfil the criteria, point to these "problems" in your invitation or talk about them with your participants in advance. Short, steep stretches (> 6 %) or uneven stretches might be mastered with an accompanying person; for athletic people they might not be a problem at all.

	Wheelchair	Limited mobility	Visual impairment	Learning difficulty	Hearing impairment
Total distance	1–10 km	<i>see left</i>	-	-	
Longitudinal gradient	max. 4–6 %	<i>see left</i>	-	-	-
Transverse gradient	max. 2 %	<i>see left</i>	-	-	-
Width & passing points	At least 1.2 m (ideally 1.5-2.0 m); wider passing points (2 m wide and 2.5 m long) in sight	At least 1.2 m (ideally 2.0 m)	(1.2-2.0 m on accessible trails); for guided off-road tours, width is not important	-	-
Narrowing of the trail	At least 0.9 m width (short stretches)	<i>see left</i>	-	-	-
Surface of the trail	Relatively even, sealed: asphalt, concrete, paver, cast stone pavement etc., water-bound surface, even, firm natural ground (no thick rooting, not very stony or muddy)	<i>see left</i>	-	-	-

¹ Source: modified from “Freiraum – Planungsleitfaden für die barrierefreie Gestaltung von Wanderwegen“ Erfurt, 2005.

Seating accommodation	every 100 metres is <i>desirable</i>	every 100–300 m	-	-	-
Steps, stairs, rises	No steps rises of max. 3 cm height	Steps of max. 15 cm height; not more than 5 steps/km on average; max. 10 steps in succession; stairs with handrails	Stairs with handrails	-	-
Fissures	Fissures across the trail with a maximum width of 3 cm; Fissures parallel to the trail with a maximum width of 0.5 cm (e.g. grids)	Fissures in the trail surface are no wider than 10 cm	No danger of tripping over fissures in the trail surface	-	-
Trail use	No heavy motor traffic roads or roads with motor vehicles going past quickly; no confusing road situations; no riding trails	No heavy motor traffic roads or roads with motor vehicles going past quickly; no confusing road situations; no riding trails; no heavy bicycle traffic	<i>see left</i>	<i>see left</i>	<i>see left</i>
Restrooms	accessible restrooms at the starting point (parking areas, bus stops,...) or during the tour; in mountain huts, restaurants etc.	-	-	-	-
Resting possibilities	1.5 x 1.5 m supporting surface; possible to reach without rises; tables high enough for wheelchair to go under it: lowest point at least 0.7 m height)	Height of the seats 48– 50 cm; solid single seats with armrest and backrest, sitting surface not curved	Off-trail	-	Off-trail
Parking space	3.5 m width	<i>see left</i>	-	-	-